

**Staff Development Committee Meeting
December 11, 2008; 3:00pm-4:30pm; TEC, Room 800-LLRC
Minutes**

In Attendance: Celia Assef, Wendy Bailey, Glenda Day, Nancy Ikeda, Chris Kiger, Carol Mattson, Alix Plum-Widner, Doris Wright

Absent: Sandro Corsi, Ruth Egigian, Elli England, Adela Lopez, Rena Negrete, Olivia Veloz

A. Approval of minutes:

- Meeting minutes from November 13, 2008 were approved as submitted.

B. Reports & Announcements:

- Academic Services: Carol Mattson
 - The revised Flex Activities Contract is posted on the SD website.
- Coordinator: Alix Plum-Widner
 - The Classified Mentor Program is underway. Mentors have attended a training session and have each been assigned a mentee. Carol Mattson suggested having a process in place to evaluate the effectiveness of the program.

C. Old Business

- Health Champions Day
 - Email reminders are being sent to staff to RSVP to the flex classes. Coordinator will send a separate email stating that attending the luncheon requires an RSVP.
 - Invitations to the Jack LaLanne event will be extended to all FC, SCE and Anaheim staff (Cypress is unable to attend), board members, CSUF's Kinesiology department, Fullerton High School staff, and Hall of Fame inductees and donors.
- 4C/SD is on Friday, March 5th at College of the Canyons and will only be one day this year due to budget constraints. District SD will pay for committee members to attend. Rena Negrete has confirmed that she will be able to attend.

D. New Business

- Coordinator would like to order a few "Quick Source Guides" (\$4.50 each) for the TEC and share the information in a Lunch Hour Luminary. If there are funds available at the end of the year, committee will consider purchasing more.
- Chris Kiger suggested that we continue the "Health Champions Day" wellness theme into next year by offering self care types of workshops. Connie Carroll's students will be offering massages again this spring, Coordinator will contact Pam Lewin about presenting a yoga or stress reduction sessions once a month, Celia Assef/Doris Wright/Glenda Day will contact Dermalogica for a skincare presentation.